



# February Lunch Club 60 Menu

Serving Time: 11:30 am  
Menu items subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
1 Italian Sausage w/ Onions & Peppers on Bun Steamed Potatoes Italian Blend Vegetables Mandarin Oranges	2 Hot Roast Beef Sandwich w/ Gravy Minestrone Broccoli Rye Bread Petite Banana	3 BBQ Chicken ¼ Coleslaw Lima Beans Corn Muffin Peach Pie	4 Meatballs w/ Pasta & Sauce Tossed Lettuce Salad w/ Italian Dressing Wax Beans Italian Bread Fresh Orange	5 Mild Chili w/ Oyster Crackers Apple Juice Tossed Lettuce Salad w/ French Dressing Sherbet
8 Sloppy Joes on Bun Grape Juice Chicken Vegetable Soup Green Beans Peaches	9 Louisiana Chicken served over Brown Rice Carrots Spinach Wheat Bread Pears	10 Breaded Haddock w/ Tartar Sauce Coleslaw w/out Pineapple Mixed Vegetables Wheat Bread Fruit Cocktail	11 Steak Diane w/ Mushroom Sauce Twice Mashed Potatoes California Blend Vegetables Dinner Roll Double Chocolate Chip Cookie	12 <b>Valentine's Day Party</b>  <b>No Lunch Served</b>
15 <b>CSC CLOSED</b>	16 Stuffed Cabbage w/ Sauce Steamed Potatoes Beets Rye Bread Lemon Pudding	17 Chicken ala King over Warm Biscuit Pea & Cheese Salad Brussels Sprouts Peaches	18 Braised Pork Chop w/ Gravy Corn Chowder Mashed Potatoes Rye Bread Fresh Apple	19 Broccoli & Cheese Quiche Tossed Lettuce Salad w/ French Dressing Green Beans 12 Grain Bread Pineapple
22 Flameburger w/ Condiments on Bun Turkey Vegetable Soup Broccoli Fruit Cocktail	23 <u>CSC Breakfast Today</u> Chicken Stuffed w/ Broccoli & Cheese Mashed Potatoes w/ Gravy Lima Beans 12 Grain Bread Fresh Orange	24 Beef Tacos w/ Lettuce, Tomatoes, Cheese, Salsa & Sour Cream South Western Chicken Soup Applesauce	25 Individual Meatloaf w/ Vegetable Gravy Au Gratin Potatoes Broccoli Rye Bread Petite Banana	26 Potato Crusted Tilapia w/ Tartar Sauce Minestrone Coleslaw w/ out Pineapple Wheat Bread Pears *Cupcakes*
29 Goulash w/ Ground Beef Brussels Sprouts Wax Beans Rye Bread Chocolate Pudding		<b>All meals served with milk, bread and margarine.</b>  <b>Soup served with crackers.</b>	<b>Funding</b> This program is funded by participants' contributions, U.S. Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, Monroe County Dept. of HS/Office for the Aging.	